

EXECUTIVE SUMMARY
Missouri Mental Health Commission Meeting
Department of Mental Health—Conference Room B
1706 East Elm Street, Jefferson City, Missouri

August 14, 2008

PRESENT

Phillip McClendon, Chair
Beth Viviano, Secretary
Ron Dittmore
Patricia Bolster, M.D.
Kathy Carter
David Vlach, M.D.
Joann Leykam

STAFF

Keith Schafer, Department Director
Mark Stringer, Division Director, ADA
Dr. Joe Parks, Division Director, CPS
Bernie Simons, Division Director, MR/DD
Felix Vincenz, CEO, Division of CPS
Bob Bax, Public Affairs Director
Jan Heckemeyer, DMH Administration
Brent McGinty, DMH Administration
Monica Hoy, Assistant to the Director
Diane McFarland, Office of Transformation
Pam Leyhe, Medicaid/Housing Director
Audrey Hancock, Director's Office
Cathy Welch, Director's Office
Leigh Gibson, Consumer Safety
Rikki Wright, General Counsel
John Heskett, Office of Child MH
Dallas Jones, ITSD Director
Benton Goon, MIMH

GUESTS

Debra Walker, Director's Office
Tish Thomas, Univ. of MO—CPS/MRDD
Robin Rust, MRDD
Gale Hennier, DMH Admin
Rhonda Haake, ITSD
Virginia Selleck, CPS
Debbie McBaine, ADA
Laine Young-Walker, CPS
Julia Kaufmann, MRDD
Jodi Haupt, ADA
Angie Stuckenschneider, ADA
Pat Veltrop, ADA
Barbara Keehn, ADA
Miriam Schepers,
MO Alliance for Children
Ron Edstrand, Judevine Center
Susan Pritchard-Green, MO Plng Council for DD
Martha Davis, Senate Appropriations
Peg Capo, DDRB St. Charles
Becky Blackwell, Judevine Center
Molly Boeckmann, OA Budget & Plng
Tim Swinfard, MO Coalition of CMHCs
Carol Baer, Emmaus Homes
Judy Alexander-Weber, Emmaus Homes
John Thaelke, DD Resource Board
Wendy Sullivan, Life Skills
David Kramer, Life Skills
Erica Stephens, MO P & A

Dawn Tish, Jackson Co Health Dept.
Diane Mack, Mulberry Street
Jhan Hurn, Community Support Serv.
Alecia Nissen, JCSFB
Debbie Metcalf, JCSFB
Les Wagner, BCFR
Terry Combs, Chariton Valley Assoc.
Jane Smith, Fulton State Hospital
Alisha Glasgow, Options/FSH
Katherine Bell, Fulton State Hospital
Ron Kruse, Franklin County
Barbara Griggs, MO Coalition for DD

TOPIC/ISSUE	DISCUSSION
<p>CALL TO ORDER/ INTRODUCTIONS</p> <p>APPROVAL OF MINUTES</p> <p>OPEN DISCUSSION</p>	<ul style="list-style-type: none"> • Phillip McClendon called the Missouri Mental Health Commission Meeting to order at 9:00 a.m. on August 14, 2008. The meeting was held at Department of Mental Health in Jefferson City, Missouri. Introductions were made. • Kathy Carter made a motion to approve the Minutes of the July 10, 2008 Mental Health Commission Meeting. Ron Dittmore seconded. The motion passed and the July 10, 2008 Minutes were approved. • Kathy Carter shared that she, Ron Dittmore, and Phillip McClendon met with gubernatorial candidate Jay Nixon on July 24, 2008 and discussed issues and priorities included in the Gubernatorial Candidate Briefing document. • After discussion, it was the consensus to hold Commission Subcommittee meetings prior to the regular meeting, on a trial basis. The subcommittees will now be scheduled to meet at 8:30 a.m. at subsequent Commission meetings.
<p>BUDGET DISCUSSION</p>	<p>Jan Heckemeyer and Brent McGinty provided handouts on the FY 2009 Supplemental and the FY 2010 Operating Budget and explained the change in categories under which items will be ranked. The budget rankings will be presented to the Commission at the September meeting.</p> <p><u>FY 2009 SUPPLEMENTAL BUDGET</u></p> <ul style="list-style-type: none"> • Departmentwide: <ul style="list-style-type: none"> ○ Motor Fuel ○ Increased Food Costs • Office of the Director <ul style="list-style-type: none"> ○ Overtime – Ron Dittmore recommended changing to “Overtime/PRN.” Brent and Jan will discuss with OA Budget and bring decision to the September meeting. ○ Additional Authority for Shelter Plus Care Grants • Division of CPS <ul style="list-style-type: none"> ○ DMH/DOC Collaboration—MH Services for Parolees • Division of MRDD <ul style="list-style-type: none"> ○ Additional MRDD Interagency Payment Fund Authority ○ ICF/MR Provider Tax Authority

TOPIC/ISSUE	DISCUSSION
	<p>Caseload Growth Supplemental—would be a \$5 to \$6 million proposed supplemental item. Discussions have taken place between providers, MO HealthNet and DMH regarding caseload growth. Jan and Brent will talk to MO HealthNet and OA Budget/Planning to determine if this should be a proposed supplemental.</p> <p>FY 2010 OPERATING BUDGET</p> <ul style="list-style-type: none"> • Core <ul style="list-style-type: none"> ○ Redirects—will not be part of October 1 budget requests, at the direction of OA Budget/Planning; instead, would be discussed with the new Governor’s administration. • Mandatories <ul style="list-style-type: none"> ○ Motor Fuel Costs-to-Continue ○ Increased Food Costs ○ Increased Medical Care Costs ○ Increased Medication Costs ○ Caseload Growth—requests funding to support two components of caseload growth as follows: <ul style="list-style-type: none"> ▪ MO HealthNet Caseload Growth ▪ Services for MO HealthNet Eligibles ○ MO HealthNet Match Adjustment ○ Medicare Part B & D Premiums ○ MO HealthNet MH Partnership Technology Initiative GR pick-up ○ Missouri Sexual Offender Treatment Center (MSOTC) Cost-to-Continue ○ Missouri Sexual Offender Treatment Center (MSOTC) Expansion—Dr. Joe Parks explained that the Division of CPS is in the process of moving detainees from MSOTC to jail settings. The number of people being committed continues to increase and CPS has the jail contract cost as well. Kathy Carter recommended adding a better description of the need for this expansion in the Decision Item narrative. Dr. Parks will include that in the September items. ○ Increased Housing Costs • Infrastructure Support – new decision items necessary to maintain the current service delivery system. Without continued Infrastructure Support, safety, quality, and service levels will decline. <ul style="list-style-type: none"> ○ State Employee General Structure Adjustment ○ Community Provider Inflationary Increase—Dr. Bolster requested that the 1% inflationary increase to assist with rising fuel and utility bills be placed under Mandatories. Jan noted that the 3% is tied to State Employee COLA. Brent noted that the Senate has a committee currently looking at provider rates to come up with recommendation for a formula in determining provider rates increases. ○ Personnel Advisory Board Approved Repositionings ○ Replacement of Organized Healthcare Delivery System Earnings Cost-to-Continue

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	<ul style="list-style-type: none"> ○ Fulton State Hospital Pay Differential at Maximum and Medium Security Units ○ Fair Market Housing ○ Psychiatry Shortage ● Access – new decision items focused on expanding access to current DMH services. <ul style="list-style-type: none"> ○ Transitioning to Independent Housing ○ Veterans Initiative ○ Diverting Children from Out-of-Home Placement ○ Add One Women’s CSTAR Program ○ Access to Recovery ○ Assertive Community Treatment (ACT) Expansion ○ Community Mental Health Center (CMHC)/Federally Qualified Health Center (FQHC) Collaboration Statewide Expansion ○ Transition of Young Adults from School, Early Intervention Services for Children with Autism, and MRDD Waiting List – Transition of Young Adults from School—Bernie Simons explained this item. ○ Early Intervention Services for Children with Autism—Bernie explained they have had funding around Autism Services, and will continue to ask for those decision items for children between the ages of 3 and 18. Under 3 will be handled by First Steps. They have been in discussions with MO HealthNet regarding establishing the fourth Autism Waiver that would be for children between 3 and 18. ○ MRDD Waiting List ○ Youth Transitioning from Children’s Division ● System Change – new decision items designed to change current DMH service delivery systems. <ul style="list-style-type: none"> ○ Direct Care Career Pathways – Pilot Program ○ Supported Employment Opportunities ○ School Based Mental Health Services ○ Trauma Informed Treatment Pilot for Children ○ Deaf Services Initiative ○ Peer Specialists ● Federal and Other Funds <ul style="list-style-type: none"> ○ Additional Authority for Shelter Plus Care Grants Cost-to-Continue ○ Shelter Plus Care Grants ○ Additional Authority for Refunds ○ SBIRT ○ DMH/DOC Collaboration—MH Services for Parolees Cost-to-Continue ○ Additional MRDD Interagency Payment Fund Authority Cost-to-Continue ○ ICF/MR Provider Tax Authority Cost-to-Continue

TOPIC/ISSUE	DISCUSSION
	Keith Schafer noted the planned agenda for the September Commission meeting will be to challenge any single budget item, and rank all budget items.
RESPECT INSTITUTE	Felix Vincenz introduced Jane Smith, Chaplain and Director of Mission Effectiveness at Fulton State Hospital. Jane explained the RESPECT Institute at Fulton State Hospital and introduced the three speakers who are involved with the Institute: Matt, from the Hearnes Building at FSH; Sherry, who now lives in Mexico, Missouri; and Bill, from the HOPE Center at FSH. Each one shared their stories and experiences.
PUBLIC COMMENTS	Judy Alexander-Weber, Emmaus Homes, and Wendy Sullivan, Life Skills in St. Louis, representing Missouri Coalition for Developmental Disabilities, provided a handout and spoke on the FY 2010 budget requests. They request that Infrastructure items over and above basic salary increases be combined with the state's request for like items. They welcome the opportunity to work with DMH to quantify the budget request for these items.
CLOSED EXECUTIVE SESSION	Dr. David Vlach made a motion that the Mental Health Commission go into Closed Executive Session in accordance with Section 610.021, RSMo. Beth Viviano seconded and a roll call was taken. The motion unanimously passed.
DIVISION/SECTION UPDATES	<p>Mark Stringer reported on the Division of Alcohol and Drug Abuse:</p> <ul style="list-style-type: none"> • Mark clarified budget items of Access to Recovery, SBIRT, and Diverting Children from Out-of-Home Placement. • Angie Stuckenschneider, ADA Prevention Services Director, shared information on three of Missouri's alcohol and drug abuse prevention programs that have been awarded the <i>National Exemplary Award for Innovative Substance Abuse Prevention Programs, Practices and Policies</i> through the Substance Abuse and Mental Health Services Administration, Center for Substance Abuse Prevention. There are six awards given across the country and Missouri's programs won the top three. The programs awarded were Partners in Prevention at the University of Missouri-Columbia, Promoting Responsibility through Education and Preparation (PREP) at Discovering Options in St. Louis, and How to Cope at the National Council on Alcoholism and Drug Dependence in Kansas City. Mark has asked two of the award winners and they have agreed to speak to the Commission at a future meeting. The Commission will send a letter of congratulations to each of the award winning programs. <p>Dr. Joe Parks reported on the Division of Comprehensive Psychiatric Services</p> <ul style="list-style-type: none"> • The Trauma Initiative—discussions have been held with regard to making trauma-informed care a part of the system as opposed to creating a parallel system. This proposal may become one of professional training with respect to treatment, screening, effective practices. Agencies may be asked to submit an RFP-type proposal to show their interest in trauma-informed care, in order to create a system that is better able to respond to trauma needs. • Dr. Parks has revised and clarified language on two budget items – Assertive Community Treatment (ACT) and Fulton State Hospital Pay Differential. • Deaf Services for people with serious and persistent mental illness – discussions continue with providers, deaf/hard of hearing community, interpreters, and DMH on providing services.

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	<ul style="list-style-type: none"> • Joann Leykam suggested the budget document be reformatted to make items more consistent, logical with themes, and to spell out acronyms. • DMH staff met with stakeholders in the Kansas City area to discuss the Northwest Psychiatric and Acute Care Transformation (NWPACT). Truman Medical Center is considering the transition. Further meetings are scheduled. <p>Bernie Simons reported on the Division of Mental Retardation and Developmental Disabilities:</p> <ul style="list-style-type: none"> • Bernie further explained the Transitioning of Young Adults from School, Early Intervention Services for Children with Autism, and MRDD Waiting List budget item. • Bernie explained the difference in the two MRDD Waivers and efforts to leverage dollars through the waiver process. <p>Diane McFarland reported on the Office of Transformation:</p> <ul style="list-style-type: none"> • Lois Thomas joined Transformation as Communications Director to fill the position formerly held by Susan Flanigan. • Missouri Mental Health “Show Me Series” Update: <ul style="list-style-type: none"> ○ Show Me Respect Seminars have been held in eight locations with 500 participants, with more scheduled. ○ Two Missourians completed a five-day instructor training on Mental Health First Aid-Show Me How! The first Missouri Instructor Training is scheduled for the end of September. The first draft of the youth manual conversion is complete and out for review by national and state partner agencies. ○ Show Me Procovery—four Procovery Introductory Trainings and three Facilitator Trainings have been completed. • Mental Health Foundation: <ul style="list-style-type: none"> ○ A contract is being developed with the Midwest Special Needs Trust for the initial staffing and infrastructure required for start-up operations of the Missouri Mental Health Foundation. • Missouri Mental Health “Real Voices-Real Choices” – a Consumer, Family and Youth Planning Committee has been established to plan a Leadership Summit tentatively scheduled for November. • Cross-Department Workgroups – five cross-departmental implementation workgroups have been scheduled or have begun work, Co-Chairs include DMH and sister state agency leaders. • Community Development—work has begun on criteria for developing local “Community of Hope” sites. Thanks to staff from DHSS Community Development for consultation and resource information. • Upcoming Presentations/Papers: <ul style="list-style-type: none"> ○ Missouri has been invited to present on Mental Health and Primary Care Integration as part of a national webcast sponsored by the National Association of Primary Care and National Association of County/City Health officials. ○ Diane McFarland has been invited to present on Transformation at the grand opening of the St. Louis VA Hope Center. Date pending. ○ Full schedule of events is available through Office of Transformation.

TOPIC/ISSUE	DISCUSSION
	<p>John Heskett reported on the Office of Child Mental Health:</p> <ul style="list-style-type: none">• School-based Mental Health—John shared changes in this budget item. John Heskett and Mark Stringer met with St. Louis County school district representatives regarding effective prevention and treatment programs for students involved with drugs and alcohol. Feedback has been positive. The amount of funding requested for school-based mental health will not increase, but broaden to include drug and alcohol abuse prevention programs. The other change in this item is to include mental health services for children who are deaf and hard of hearing. Discussions have been held with School for the Deaf and Arthur Center to define what services would be available.• Trauma Initiative—plans are to bring trauma-informed issues to the Children’s Comprehensive System Management Team to look at state child-serving agencies’ response to the needs of children who have experienced trauma.
CLOSED EXECUTIVE SESSION	<p>Kathy Carter made a motion that the Mental Health Commission go into Closed Executive Session in accordance with Section 610.021, RSMo. Beth Viviano seconded and a roll call was taken. The motion unanimously passed.</p>
FUTURE MEETINGS	<p>The next Mental Health Commission Meeting is scheduled for September 11, 2008 at Fulton State Hospital, 600 East Fifth Street, Fulton, Missouri.</p>
ADJOURN	<p>There was no official motion made to adjourn the Mental Health Commission meeting due to the convening of Closed Executive Session which convened at 3:00 p.m.</p> <hr/> <p>Phillip McClendon, Chair</p>